







Today I'm going to the hospital.

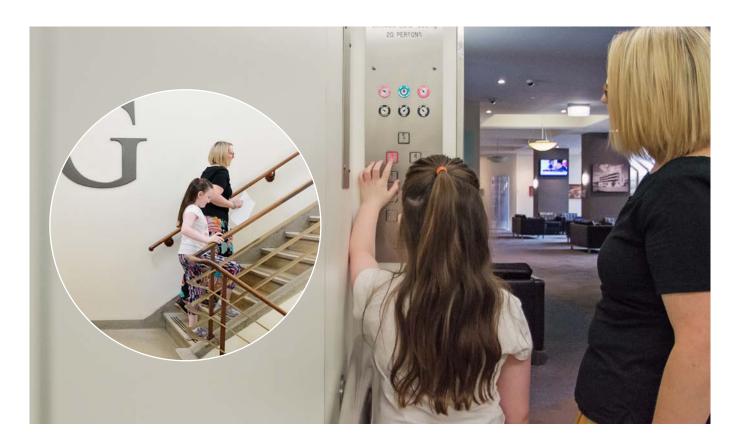


I will go to reception and say my name. There will be other people waiting there too, and it can be noisy.

I can use my______ to stay calm.



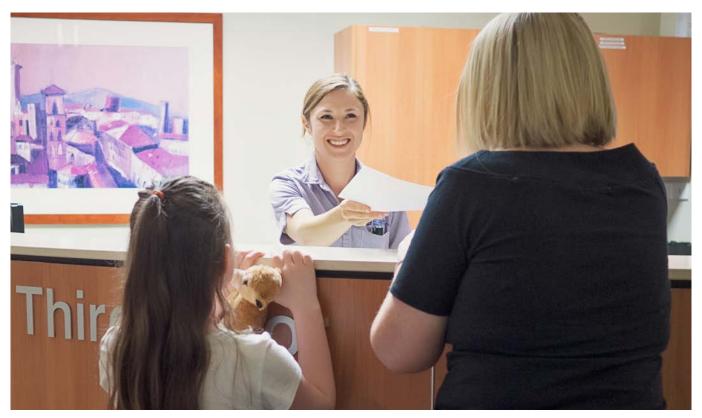
I will wait for my name to be called, and we will go into a small room where my adult will fill in some forms.



We can take the lift or walk up the stairs to level 3.



This is the children's part of the hospital. We will ring the doorbell and a nurse will let us in.



There is another desk and my adult will give my papers to the nurse.



The nurse will weigh me. This tells the doctor how much medicine I need.



I will go to my room at the hospital. It has a locker for my things, a bed that goes up and down, it also has wheels, a TV and my own bathroom.



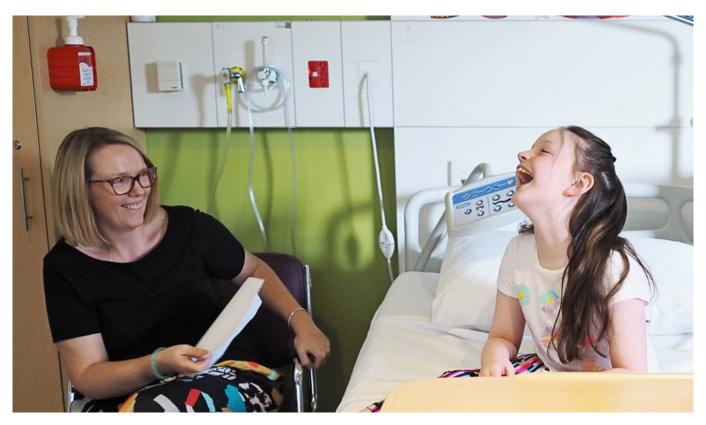
The nurse will give me a special name tag to wear on my arm. The nurse will write their name on the board in my room.



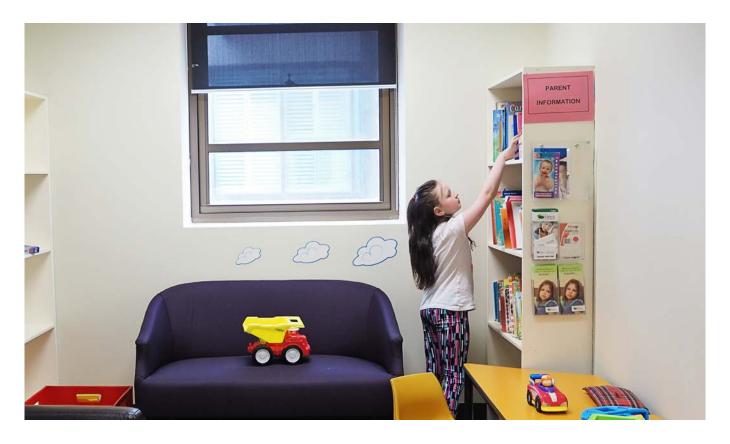
The nurse will ask me what I would like to eat during my hospital visit. The nurse will take my blood pressure and put a special peg on my finger or toe.



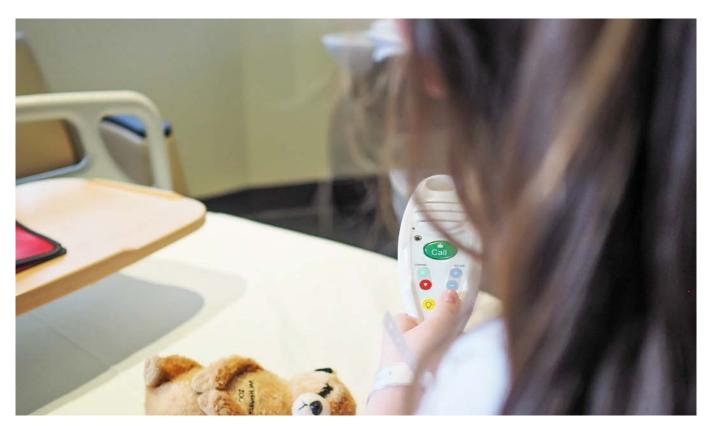
My adult will be with me the whole time.



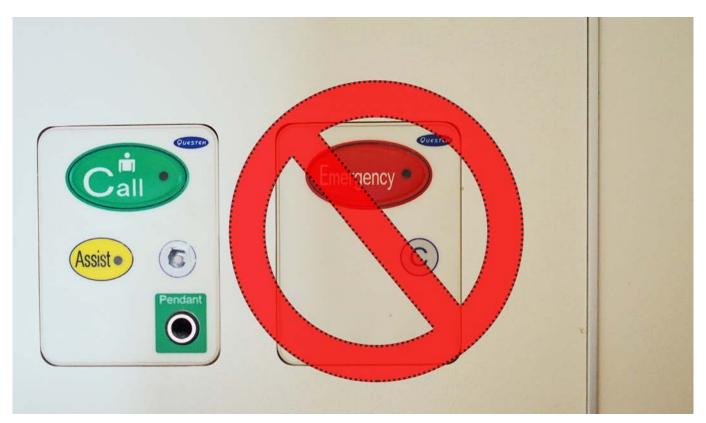
I will wait in my room with my adult. I can play with toys, watch TV and choose DVD's that are at the hospital. I can walk around and look at the pictures on the walls.



Sometimes hospitals can be busy, so I may have to wait my turn.



There are buzzers in my room. If I need the nurse, I press the green one. This bell will ring at reception.



The red button is for nurses only. This buzzer makes a loud noise that everyone can hear.



I may be given some medicine. This will make me sleepy. The nurse and doctor will need to see my special name tag.



I will have special cream with Band-Aid/plaster on both my hands. Only the doctors and nurses can touch this.



When it is my turn, I will walk or go on my bed to the operation room with a nurse. My adult will come with me and I can bring a special toy.



We will go into the lift and go to the lower ground level.



The lower ground level is where the operation will happen. I will be taken to the reception.



The nurse will check my special name tag. Here, all nurses and doctors wear purple clothes, hats and sometimes glasses.



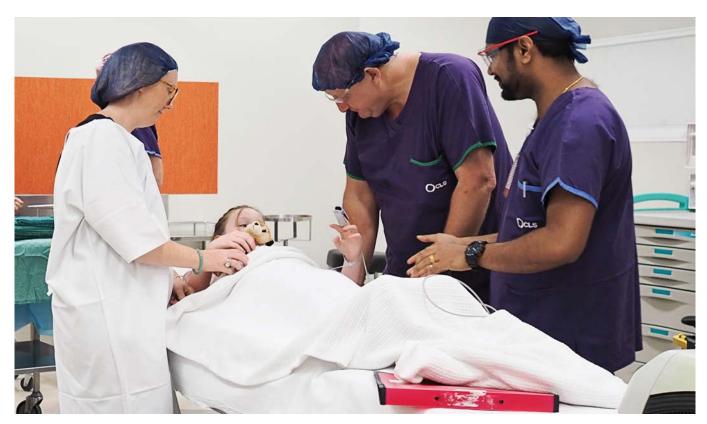
My adult will put on a white hospital gown, a blue hat and slippers over their shoes.



I will wait with my adult. There is a TV I can watch and play with my special toy.



When it is my turn, I will go in to the operation room with my adult and toy. There will be lots of lights and machines.



The doctors and nurses will say hello to me. I can sit on my adult's knee, or on the table.



The nurse will put a special peg on my finger or toe. The doctor will ask me if I would like the mask, or a needle in my hand where the special cream is.



This will make me sleepy. My adult will be with me when I go to sleep.



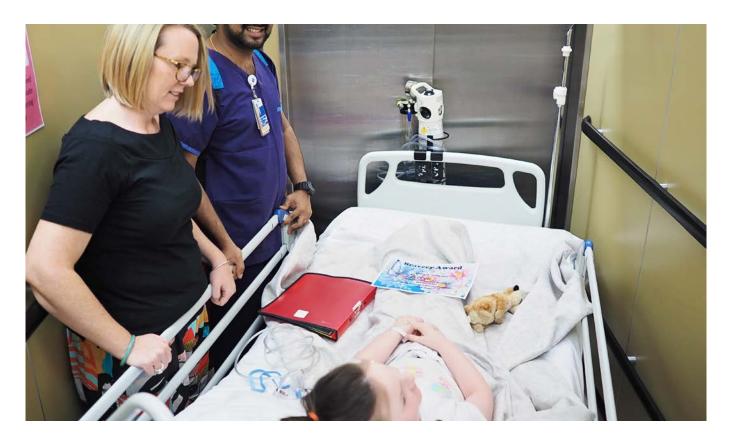
I will wake up in a big room with a nurse next to me. I will have a mask on my face. The nurse will take off the mask from my face and call my adult to come down to me.



While I am waiting for my adult, I can choose a bravery award from the folder and I will get a bravery sticker. My toy will also get a sticker. I can have an icy pole. I will stay here with my adult until the nurse says I am ready to go back to my room.



My adult and two nurses will push me in my bed to the lift.



We will go into the lift and up to level 3, back to my room.



The nurse will come and check on me. I will have a special tap in my hand so the doctor can give me medicine.

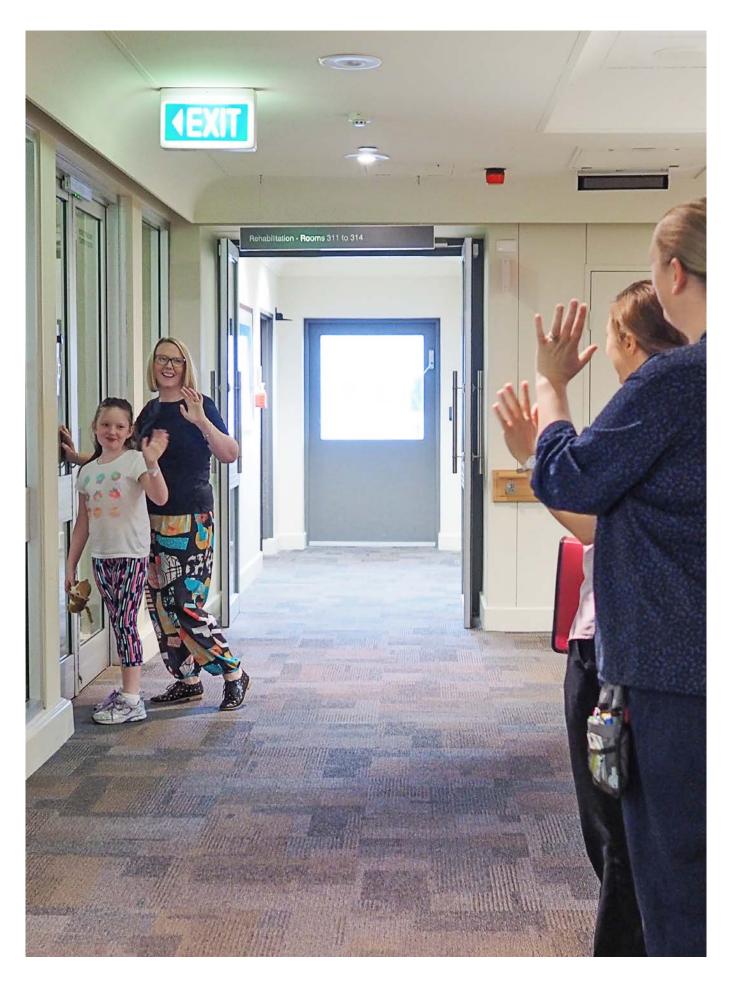
The nurses will give me medicine and a lemonade icy pole.

I will feel sore after my operation and the medicine helps this go away. The nurse will check on me and look at the special peg on my finger. I will be given water or juice.



Before I go home, I need to eat some food. My nurse will bring me some food.

Once I have eaten, the doctor or nurse will take off the tap on my hand and I can go home.



I will say goodbye to the doctors and nurses.





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