

Discharge Time

Why we adhere to a
10am discharge time



Dear valued patient,

We understand that the discharge process can be both a relief and a transition, and we want to ensure you have a clear understanding of why we adhere to a 10am discharge time. Our primary concern is always your health and wellbeing.

Discharge is contingent upon your medical clearance and clinical suitability; once our medical team deems you fit for discharge, we adhere to this timeline for several important reasons:

1. **Utilisation of space:** Our hospital is dedicated to providing care for all patients. By discharging at 10am, we can prepare your room for another patient in need of care, ensuring that we can provide timely and efficient services to everyone.
2. **Comfort of home:** Research shows that patients often recover better in the comfort of their own homes. By facilitating your discharge in a timely manner, we help you transition back to your home environment where you can rest and recuperate more effectively.
3. **Final meal considerations:** The last meal we serve on the day of discharge is breakfast. This helps streamline our meal service and ensures that your discharge process flows smoothly.

Planning your discharge

To help make your transition as seamless as possible, we encourage you to start packing your belongings and organising your travel arrangements the night prior. If you do need to wait for a short period after discharge, we have armchairs on Level 4, and a café in the foyer and on Level 3, where you are welcome to relax until your transportation arrives.

Actions to take if you're discharged and concerned about your symptoms

For urgent and immediate medical assistance, call 000 or attend your nearest Emergency Department.

We encourage you to contact your healthcare team or Doctor (VMO) directly where time allows, however should you have any difficulty contacting your St Vincent's Private Hospital VMO, you can call us during business hours on 02 8382 7111, or out of hours on 0416 144 322.

Thank you for your understanding and cooperation. We wish you a smooth recovery and all the best as you return home.