



Preparing for Hospital

WELCOME. Thank you for choosing St Vincent's Private. Your wellness and safety is our top priority and we want you to experience a comfortable stay while in our care.

This flyer will help you understand what to expect when you get to hospital and what to bring. We encourage you to become an active partner of your healthcare team. Please let us know your needs and preferences about your care, including cultural considerations, special needs and what matters most to you.

Where is the hospital located?

St Vincent's Private has four hospitals in the Melbourne area. Please confirm with your doctor regarding the particular one that you will be admitted to:

East Melbourne: 159 Grey Street, phone 9928 6555

Fitzroy: 59 Victoria Parade, phone 9411 7111

Kew: 5 Studley Avenue, phone 9851 8888

Werribee: 240 Hoppers Lane, phone 9218 8000

Visiting hours

2pm to 8pm unless otherwise advised.

Admission time and fasting instructions

Kew and Werribee admissions: This information will be communicated to you via SMS the day prior to admission.

Fitzroy and East Melbourne admissions: Contact your doctor's rooms.

Preparing for your hospital stay

We know that a hospital visit can be a stressful time for all families, and we encourage you to ask as many questions as you need to, both before your admission and during.

Our website has comprehensive information to help you prepare for your stay. This includes the following resources which we encourage you to view. If you struggle with computers, perhaps a friend or family member could assist.

eBook



Video



What to bring to Hospital

- Medications: bring all your regular medications in their original boxes
- Documents: doctor's letter, pathology reports, x-rays
- Health insurance and concession cards
- Credit or debit card to pay out of pocket expenses
- Mobile phone charger
- Sleepwear and robe
- Non-slip slippers
- An overnight bag with change of clothing to cover duration of your stay
- Toiletries e.g. comb, toothbrush, toothpaste, shampoo and conditioner
- Eyeglasses, hearing aid, dentures (if applicable and all with their cases)
- Aids e.g. frame, walking stick, CPAP machine.

We have limited space for storage of luggage and ask on the day of admission that you bring a small overnight bag only. Family members or carers can bring in additional belongings to the ward after surgery.

If you are a Day Case we suggest you wear comfortable, loose fitting clothing and remove jewellery prior to arrival.

Valuables

We strongly advise that non-essential items (such as laptops, excessive money, jewellery, cameras or items of sentimental value) be left at home. Whilst the hospital maintains security, we cannot be held liable or responsible for lost or stolen items.

Specific needs

We encourage patients with specific needs to reach out to us to discuss how we can help prepare for your admission.



Call 1300 052 602, Mon – Fri, 8am – 3pm and ask to speak to our Pre-admission nursing staff. If the line is busy, leave a message with your name and contact number and we will call you back within one business day.

Car parking

Refer to eBook and Video QR codes. If the patient requires assistance at a drop off zone, it may be worth considering a carer accompanying them in addition to the driver. *Note: Fitzroy is a busy area so allow extra time for parking.*

Accommodation for regional patients

Our [Accommodation Guide](#) has been designed to assist family and carers of regional and interstate patients seeking accommodation nearby to each of our hospitals.



Better and fairer care.
Always.