



St Vincent's Foundation Queensland
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I hope this letter finds you in good health and high spirits. As the Christmas season draws near, we at St Vincent's Private Hospital Northside are filled with gratitude for the generosity of individuals like you who have supported our mission. Your contributions have made a significant impact on our community and the people we serve.

Every day, our dedicated Cardiac Services Team at St. Vincent's Private Hospital Northside has the privilege of witnessing the incredible resilience of our patients as they recover from heart operations and conditions. It is in their smiles of gratitude and the inspiring stories of triumph over adversity that we find our motivation to keep working tirelessly to provide the best care and support.

This Christmas, we are reaching out to you, our valued supporters and friends, to ask for your help in making a significant difference in the lives of these individuals. While the Christmas season is a time for celebration, it's also a time for reflection and giving. Your support can be the greatest gift you share this year.

At St. Vincent's Private Hospital Northside, our work in the Cardiac Rehabilitation department plays an essential role in supporting our cardiac patients as they embark on the path to recovery. We witness the profound impact it has on their lives as they strive to regain their health and return to their normal routines after surgery or illness.

As one of our patients aptly stated, 'A doctor saved my life, but cardiac rehab team got my life back on track.' This statement resonates deeply with the experiences of countless individuals we have had the privilege of serving. The journey to recovery is not just about physical healing; it's about restoring hope, confidence, and the ability to live life to the fullest once again.

One of our patients recently said to us,

"It's a great relief to have had myself checked over so thoroughly. I'm going to start going for short walks to get things moving a bit. It's not easy dealing with stressful situations when you're not feeling well, and I was somewhat overwhelmed this afternoon. I felt much better after receiving your reassurance and advice."

As we come together in the spirit of giving, your contribution will enable us to continue providing advanced treatments and cutting-edge medical care research to enhance the lives of our cardiac patients. With your help, we can enhance our services, improve recovery outcomes, and bring more smiles to the faces of those who have faced heart-related challenges.

Under the stewardship of Mary Aikenhead Ministries

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please click here.**



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Our Cardiac Services team at St. Vincent's Private Hospital Northside is committed to providing the highest level of care to our patients. To continue delivering exceptional services, we are currently in need of two crucial pieces of specialised equipment, and we are reaching out for your support this Christmas to help make them a reality.

The first of these vital items is a blanket warmer, also known as a warming cabinet. In a medical environment, a blanket warmer plays a critical role by storing and warming linens and blankets. The significance of this equipment cannot be understated. Low temperatures in medical procedure rooms and surgical suites, coupled with the anxiety patients may experience after surgery, can have adverse effects on their well-being. Providing a warm, snug, and comfortable environment following surgery is paramount to the healing process. When a patient is more comfortable, they experience less anxiety and achieve better recovery outcomes. The warmth and comfort provided by a blanket warmer can make a world of difference to our patients.

This essential piece of equipment comes at a considerable cost, with a price tag of up to **\$12,500**.

The second piece of equipment we require is an electrocardiograph machine, commonly known as an ECG machine. This invaluable tool is essential for diagnosing heart conditions, monitoring patients, and providing critical insights into cardiac health. With your support, we can continue to ensure that our patients receive the most accurate and timely cardiac assessments, allowing us to make informed decisions about their care and treatment wherever they are in the hospital.

Your generosity this Christmas can make a profound impact on our ability to continue providing the best care possible to those in need. By contributing to the acquisition of these essential pieces of equipment, you can directly enhance the well-being and comfort of our patients and empower us to advance our cardiac services even further.

The cost of this critical piece of equipment is **\$10,000** per machine.

As we approach this festive season, let's come together to ensure that every heart receives the care it deserves. Your support will be a beacon of hope, comfort, and healing to those in our care.

You can be part of something special by helping today.

I have included a Christmas card and a "Reply Paid" envelope in the event you can provide a message of goodwill for our dedicated staff. We would deliver these cards to our valued staff in the lead up to Christmas to show them that everything they do each day is appreciated by so many members of our community.

You can also go to our website www.helpstvincentsqld.org.au to make a gift or phone 1800 161 197. Your support is appreciated and needed.

This holiday season, let us join hands and warm hearts. Your support will not only grant the wishes of our patients but also exemplify the true spirit of Christmas.

Wishing you a Happy Christmas and a blessed New Year.

Yours sincerely



Monique Hill

Cardiac Rehabilitation
Senior Physiotherapist



Emma Young

Cardiac Rehabilitation Coordinator

St Vincent's
Foundation
Queensland

2023

Christmas
Appeal



Click here to send a message of support to our staff this Christmas

To donate now, please click here.

